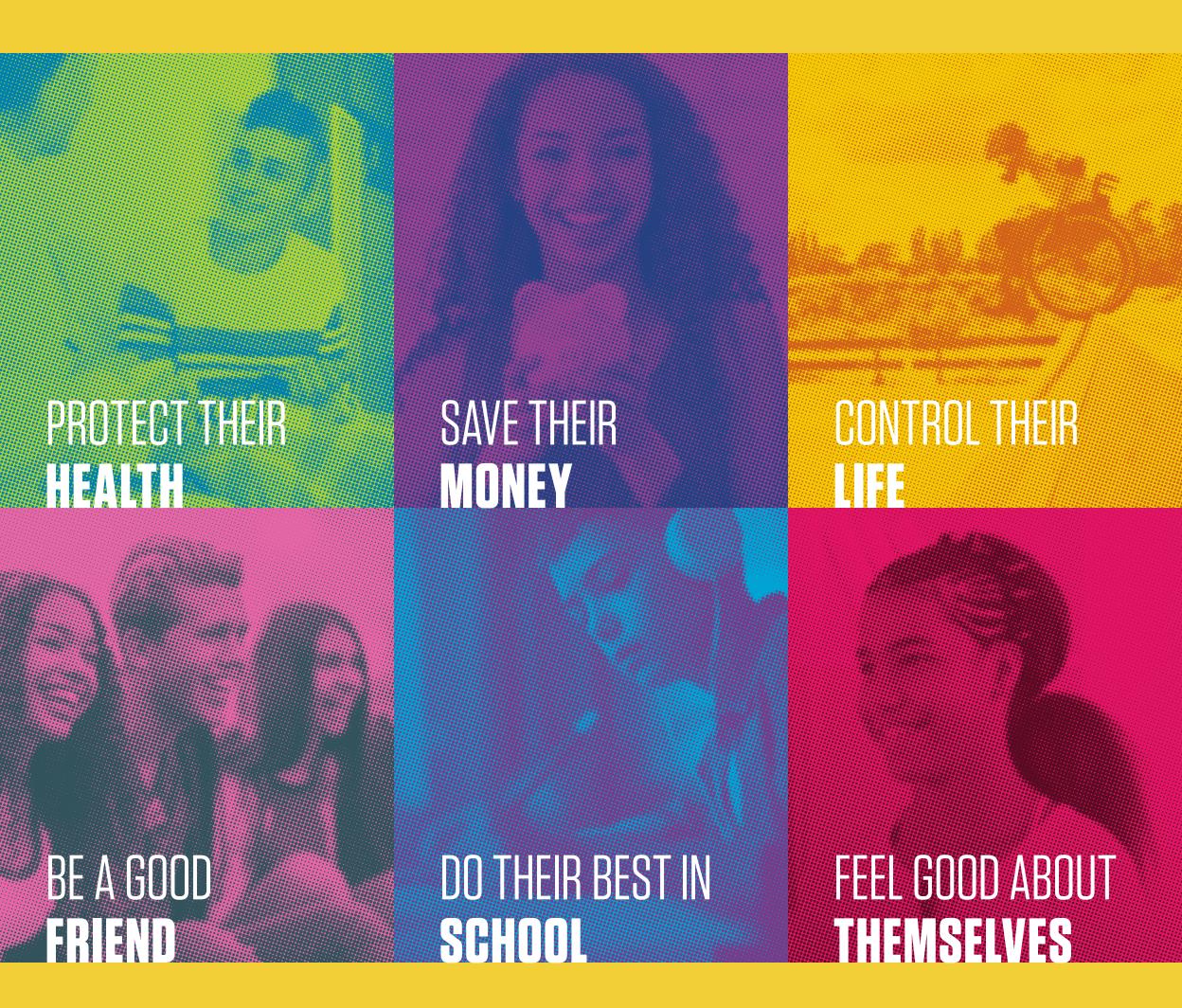
HELP YOUR CHILD BE VAPE-FREE SO THEY CAN...



No matter what you may hear (or what your child may say), e-cigarettes are dangerous to your child's health. When your child uses an e-cigarette, the vapor they inhale contains nicotine. Nicotine is addictive and can damage the developing brain. E-cigarette vapor also contains a whole list of toxic chemicals.

E-cigarettes come in all shapes and sizes, making it easy for them to be hiding in plain sight. They can look (and act) just like USB drives, pens, and watches. This makes them challenging to identify because children can easily conceal them in clothing or backpacks without anyone noticing them. Please talk with your child's doctor for help understanding the dangers of e-cigarettes and learning how to recognize clues that your child may be vaping.

American Academy of Pediatrics

